# Co-Curricular activities Report 2021-2022

# "There are two Educations. One should teach us how to make a living and the other how to live."

The part of Education that teaches us how to live is co-curricular activity. Education without co-curricular activities is like educating the mind without educating the soul. Co-curricular activities are the activities, through which our students explore his / her abilities, eradicate their weaknesses and create a broader vision of life. The importance of co-curricular activities in modern education can be fathomed but the fact that these activities have become an integral part of the curriculum policy and present day school life cannot be imagined without ongoing debates, recitations, music competition, dance, drama to name a few from the ever increasing list. Our motive is encouraging our students to learn, contribute, manage and organize individually as well as in a team.

We at St. Mary's School, Bathubasti are not far behind and the school year of 2021 was no different. The map of co-curriculum activities is dotted with the achievements of our students.

#### Month of July

#### "Board decoration Competition"

To give wings to the imagination of students, our school organized an inter House Bulletin Board Decoration competition on the month of July. Thematic boards adorned with vibrant sketches, educational messages and vivid borders prepared by the four houses. The theme was Andaman Heritage, Indian Celebration, Sports and Corona warriors.









# Month of August "Independence Day Celebration"

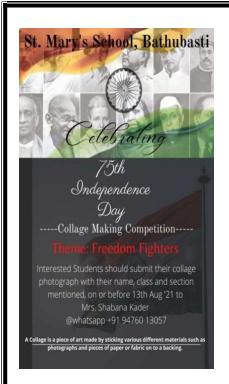
This year, our school celebrated Independence Day "Azadi ka Amrit Mahotsav" (AKAM), making the completion of a quarter to a century of freedom from British Colonial rule on Sunday at school premises. All teachers reported at school at 8:00 am. At 9:00 am, principal hoisted the flag, gave it the honor and ceremonial salutation followed by singing of National Anthem. To commemorate the 75th anniversary of India's freedom, various virtual cultural and art competitions were conducted via online which includes Sand art, solo patriotic song, collage making of freedom fighters, singing national anthem etc. and sharing through online apps. To celebrate the theme "Har Ghar Jhande" students were instructed to take a photograph holding our tricolor flag and upload the photos in the school groups in which students took part with great enthusiasm. To complete the series of events under AKAM, teachers, staffs, students and parents took part in "Singing

St. Mary's School, Bathubasti
75th Independence Day
Interested students should send their singing vedio of National Anthem with proper pronunciation of lyrics on or before 13th Aug '21 to
Ms. Sneha Goswami @whatsapp
9679516371
Do mention your Name, class and section

--National Anthem Singing

Competition-
WE OWE A LOT TO OUR
MOTHER LAND, BUT THE
MOST IMPORTANT OF
THEM ALL IS — RESPECT

Rashtragaan" and uploading the same in the website and successfully downloaded the participation certificates.













# "Collage Painting competition"

An inter school collage making Competition was held in the month of July on the topic Azadi ka Amrit Mahotsav to celebrate the 75th Independence Day.









# "Patriotic song Competition"

An Inter- Class Patroitic song Competition was organized to expose our students to music, while also enhancing their language and presentation skills. This was an opportunity to teach them the importance of Independence day.







# "Sand art Competition"

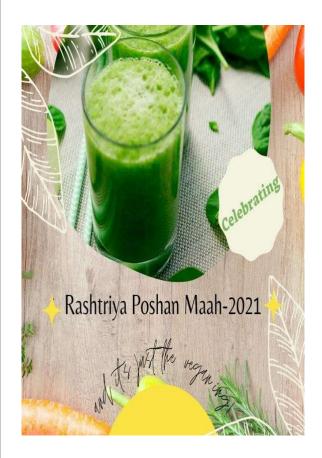
Students were given the opportunity to express their creativity through the use of sand. It aspires to rekindle the joy of rebuilding one's own imagination.

#### Month of September

#### "Poshaan Maah 2021"

On the occasion of Rashtriya Poshaan Maah 2021, various activities and competition were organized under poshaan Abhiyan through online and offline mode from 1<sup>st</sup> September to 20<sup>th</sup> September 2021.

All the activities were smoothly conducted with the support and cooperation of tecahers and students.





The Activities are:

#### "2 minutes Talk"

Theme: Importance of

Balance DietFor class IV and

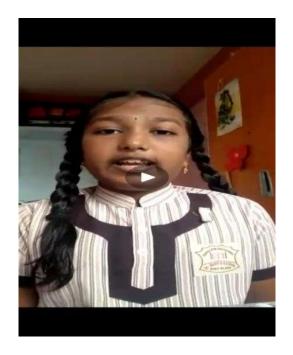
V (Online Mode)

Students were requested to send their video through whatsapp, talking about balance diet, healthy food habbits, health and hygiene etc.

Best two videos were

awarded.

1st Position :Trisha sunil 2nd Position : R. Reshma





# "Quiz Competition"

Topics: Nutrition and healthy eating/ Balance diet/ diseases cause due to Malnutrition For class VI to VIII (Offline Mode)

Quiz competition was organized in the school multi-purpose hall with a total number of 21 student participants. There were three rounds, selection round, rapid fire round and buzzer round

Four students were awarded

1st position : S. Sarvesh VIII 2nd position : Anweshaa Nair VII

3rd position : P. Mohamed Afzal VII and Ashwathy R. Nair VIII



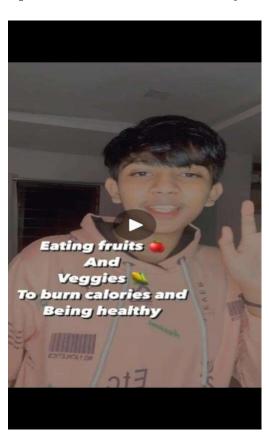
#### "Reels Making"

Topic: Eat healthy Food! Avoid junk food! For class IX to XII

(Online Mode)

Reels are trending nowadays and it was sort of new way to spread awareness among students. Students took participation with an enthusiastic approach and we selected two best reels and acknowledged them.

1st position: S. K. Rajat Rehman X 2nd position: Richa Elizabeth Biju XII







#### "Counselling by teachers through Online Mode"

For class I to XII

Online counselling class were taken by the teachers to promote and aware students about National Nutrition Mission. A detail study was provided by the teachers so that students can understand the importance of this mission.





# Awareness on Hand washing and personal hygiene

To spread the awareness about health and hygiene and to maintain good health and cleanliness, hand washing techniques were taught by rubbing together all the parts of the hand using soap and water.









#### **Plantation Drive**

Planting of saplings of nutritious fruits, local vegetables, medicinal plants and herbs. Also encouraged the students to

have kitchens m garden and highlighted it's importance and it's benefits.







#### Collage Making

Collage were made and displayed on Balance diet, healthy food habbits, malnutrition, health and hygiene etc. Best three collages were given acknowledgement.





#### "Hindi pakhwada saptah"

Hindi diwas is celebrated to inculcate love for the hindi language and get knowledge on importance of hindi diwas. Some of the highlighting activities at thie week are speech recitation, essay writing, hindi poem reciatation, reciatation of kabir das k dohey, calligraphy and board decoration competitions.





# **Tecahers day Celebration**

India has been celeberating Techers day On 5<sup>th</sup> September the birth anniversary of Dr. radhakrishnan to hornor the contribution made by the teachers to society. The students and teachers celebrated the day with full zeal and enthusiasm. It was a day of delight for the tecahers to see the talent of their students who had taken part and had put in their heart and soul to put up a wonderful program for their teachers.

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#### **Month of October**

#### "Gandhi Jayanti Celebration"

This year Gandhi jayanti was celebrated at our school premises to mark the birth anniversary of Mahatma Gandhi and regarded the Father of Nation. Students enthusiastically taken part in the Gandhi Jayanti event celebrations. Students sang bapu's favorite Bhajan "vaishnav janto" and Ram Dhun. A small documentary film was also projected on gandhiji's life.



### The National Unity day

To commemorate the birth anniversary of Sardar Vallabhbhai Patel, our school has organized various activities on 30th Oct 2021 to 01st Oct 2021 (online and offline modes)

The activities include "Speech" on National Unity Day given by students on morning assembly on 30th Oct 2021.

Online slogan writing competition was held on 31st Oct 2021. Students submitted their own written slogans via what sapp

Pledge taken by teachers and students on 1 Nov 2021 in Morning assembly.









